

# Hand Safety

## Hazards

- Machinery and tools
- Extreme hot or cold temperatures
- Chemical burns
- Electrical threats
- Repetitive use of hands

## Safety Tips

- Wear the appropriate work gloves for the job
- Ensure gloves fit properly
- Use safety measures, such as shields, guards and barrier creams
- When possible, use tools in lieu of hands
- Inspect machinery, tools and cords prior to use
- Unplug machinery and tools from power source after use
- Do not wear jewelry or loose clothing
- Periodically take breaks to rest hands

